

# FEEL GOOD

# Be Happy

## Yoga Retreat April 7-14, 2018

with Sue Fendler  
and  
Hanz Johansson

ParkCitySpaYoga invites you to join us for an all-inclusive 8-day 7-night yoga retreat at the Paya Bay Resort on Roatan, Honduras. Paya Bay is a beach, nature, leisure, and wellness resort catering to those seeking serenity, tranquility, and communion with nature. The resort is perched on a bluff overlooking the multi-hued Caribbean Sea and two beautiful half-moon beaches. The perfect place to rest, relax and rejuvenate. We invite you to Feel Good, Be Happy at Paya Bay!

- Enjoy two creative yoga classes on most days including meditation, and all levels of instruction. Live music and unique choreographed classes will awaken your mind body and spirit.
- Swim and soak in the turquoise ocean or stargaze at night.
- Hike, snorkel, get a massage on the beach, or just be close to nature.
- Lodging for 7 nights, daily pre-yoga snacks, brunch, 7 dinners and all non-alcoholic beverages.
- Snorkeling trips to local reef, transfers to & from the airport, wifi, daily maid service and access to all resort facilities.

7 nights: Private room (\$1,850), Double (\$1,600). Triple (\$1,500). Early bird pricing ends on January 15, 2018. \$50 increase thereafter on all rooms. A \$250 non-refundable deposit holds your space. Paypal and Square available with 3% fee. Prices are per person and include all taxes. Gratuities extra.



For booking and information contact Hanz or Sue at [Susan@ParkCitySpaYoga.com](mailto:Susan@ParkCitySpaYoga.com) or 215-595-8484  
[www.ParkCitySpaYoga.com](http://www.ParkCitySpaYoga.com) [www.facebook.com/ParkCitySpaYoga](http://www.facebook.com/ParkCitySpaYoga)